

SUNY Cortland  
General Education and Degree Requirements for the  
B.S. Degree in Sport Studies

Transfer Courses from  
Hudson Valley Community College

General Education and Degree Requirements

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
GE 1: Quantitative Skills	3	MATH 120 Real World Math	3
GE 2: Natural Sciences	3-4	BIOL 230 Anatomy & Physiology	4
GE 3: Social Sciences <b>PSY 101 Introductory Psychology</b>	3	PSYC 100 Psychology	3
GE 4: American History	3	Any SUNY approved American History	3
GE 6: Other World Civilization/Contrasting Cultures	3		
GE 7: Humanities	3		
GE 8: The Arts	3	Any SUNY approved GE 8	3
GE 9: Foreign Language	3	Any SUNY approved GE 9	3
GE 10: Basic Communications <b>CPN 100 Writing Studies I AND CPN 101 Writing Studies II AND</b>	3	ENGL 101 English Composition I	3
	3	ENGL 102 English Composition II	3
	<b>30</b>		
Presentation Skills requirement <b>COM 210 Fundamentals of Public Speaking</b>	3	ENGL 125 Public Speaking	3
GE 11: Prejudice and Discrimination	3	Waived for Transfer Students with 35+ transfer credits	
GE 12: Science, Technology, Values & Society	3	Waived for Transfer Students with 35+ transfer credits	
Writing Intensive course	3	No equivalent allowed – fulfilled by one required EXS course below	
Writing Intensive course	3	No equivalent allowed	
BIO 301 Human Anatomy and Physiology I	3		Credits above
BIO 302 Human Anatomy and Physiology II	3		4
		Credits to complete at Cortland	12

## Kinesiology Theory Core

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EXS 100 Introduction to Kinesiology or EXS 197 History and Philosophy of PE and Sport	3	PHED 180 Intro to Physical Education	3
EXS 111 Computer Applications in Exercise Science or CAP 100 Introduction to Computer Applications	3		
EXS 287 Social Psychological Aspects of Physical Activity	3		
EXS 380 Motor Behavior	3		
EXS 310 Ethical Issues in Kinesiology	3		
EXS 387 Biomechanics	3		
EXS 397 Exercise Physiology I	3		
	<b>21</b>		
		Credits to complete at Cortland	18

## Sport Studies Theory Requirements

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EXS 345 Sport and Society	3		
EXS 346 Sport Psychology or EXS 367 Exercise Psychology	3		
EXS 351 Philosophy of Sport	3		
EXS 420 History of Physical Activity and Sport in American Culture	3		
EXS 445 Women and Sport	3		
EXS 468 African-American Sport History	3		
	<b>18</b>		
		Credits to complete at Cortland	18

## Sport Studies Theory Electives

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
<b>Select 18 credits from the following courses:</b>			
ENG 260 Literature of Sports	3		
EXS 350 Aesthetics of Sport	3		
EXS 352 Masculinity in Sport	3		
EXS 354 Youth in Sport	3		
EXS 356 Performance Enhancing Drugs in Sport	3		
EXS 410 Ethics in Sport	3		
EXS 425 History of Intercollegiate Sports in the US	3		
EXS 427 Globalization and Sport	3		
EXS 477 Practicum in Kinesiology	3-6		
EXS 479 Social Critique of Sport	3		
EXS 480 Independent Research in Sport Studies	3		
EXS 499 Special Study in Exercise Science	1-3		
PWR 340 Writing Sports Literature	3		
	<b>18</b>		
		Credits to complete at Cortland	18

## Physical Education Activity courses

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
Activity Elective	1	<a href="#">PHED 270 Elementary &amp; Secondary Games</a>	1
Activity Elective	1	<a href="#">PED activity course</a>	1
Activity Elective	1	<a href="#">PED activity course</a>	1
	<b>3</b>		
		<b>Credits to complete at Cortland</b>	<b>0</b>

## Electives

SUNY Cortland Course	Credit Hours	Transfer College Course	Credit Hours
EXS 357 Nutrition & Sport Performance	4	<a href="#">BIOL 127 Exercise &amp; Sports Nutrition</a>	4
HLH 110 Personal and Community Health	3	<a href="#">HLTH 160 Personal &amp; Community Health</a>	3
SOC 150 Introduction to Sociology	3	<a href="#">SOCL 100 Sociology</a>	3
PSY 231 Child Psychology	3	<a href="#">PSYC 200 Child Psychology</a>	3
HLH 120 Responding to Emergencies	2	<a href="#">HLTH 152 First Aid</a>	2
	<b>14</b>	<b>Total Transfer Elective Credits</b>	<b>15</b>
<b>Credits Required for Graduation</b>	<b>120</b>	<b>Total Transfer Credits</b>	<b>53</b>
		<b>Total Credits to complete at Cortland</b>	<b>66</b>